

WHAT IS PHYSICAL MEDICINE AND REHABILITATION?

Physical Medicine and Rehabilitation Physicians are called **PHYSIATRISTS**.

This specialty focuses on the diagnosis, and non-surgical treatment of musculoskeletal, neurologic, and pain problems. It has nothing to do with psychiatry!

Physical Medicine and Rehabilitation is one of the 26 officially recognized specialties of the American Board of Medical Subspecialties. Physiatrists complete four years of additional internship and residency training after medical school.

Physiatrists have extensive training in orthopedics, neurologic disorders, musculoskeletal sports medicine, and physical therapy. Typical conditions treated are back and neck pain, sciatica, sports injuries, pinched nerves, carpal tunnel syndrome, and herniated discs.

Physiatrists use physical therapy, exercise, medication and injections to cure pain conditions. If necessary, X-RAYS, CAT Scans, MRI, Nerve Testing (EMG/NCS), ultrasound or lab studies are ordered for diagnosis.



JUSTIN D. GREEN, M.D.

BIOGRAPHY

EDUCATION:

UNIVERSITY OF COLORADO-BOULDER

B.A. BIOLOGY 1983

DREXEL HAHNEMANN UNIVERSITY SCHOOL OF
MEDICINE, PHILADELPHIA, PA 1987

INTERNSHIP:

ST. BARNABAS MEDICAL CENTER

LIVINGSTON, N.J. 1988

RESIDENCY:

PHYSICAL MEDICINE AND REHABILITATION

UNIV OF MICHIGAN, ANN ARBOR 1991

BOARD CERTIFICATION:

AMERICAN BOARD OF PHYSICAL MEDICINE AND
REHABILITATION 1992

AMERICAN BOARD OF NEUROMUSCULAR AND
ELECTRODIAGNOSTIC MEDICINE 1993

PHILOSOPHY:

My training and experience have led me to believe that patients want to be listened to!

Frequently patients with pain are often dismissed. This leads to a cycle of distrust, anger, and frequently depression.

I believe my patients feel I will listen and provide them with options that give them control.

I encourage my patients to ask questions.

I will communicate with your doctors, insurance companies, case managers, physical therapists, and trainers to provide you with the best care possible.

Physical Medicine and Rehabilitation has a philosophy that emphasizes the team approach to problems and the maximization of function and the reduction of pain.

When traditional medical treatment does not work, my training in medical acupuncture may be utilized to help my patients.

INFORMATION FOR YOUR DOCTOR:

SERVICES:

(EMG/NCS) Electromyography
Nerve Conduction Studies

Comprehensive Musculoskeletal Care

**Level II ACCREDITED, Colorado
Division of Workmen's Compensation**

Injections: Trigger Point, Carpal Tunnel,
Occipital Nerve Block, Tendon, and
Bursa Injections

**IME (INDEPENDENT MEDICAL
EXAMINATIONS)**

IMPAIRMENT RATINGS

**MMI (MAXIMUM MEDICAL
IMPROVEMENT)**

SECOND OPINIONS

UTILIZATION/CHART REVIEWS

MEMBERSHIPS:

Fellow, American Academy of
Neuromuscular and Electrodiagnostic
Medicine

Colorado Medical Society

Boulder County Medical Society

HELPFUL WEBSITE:

WWW.SPINEUNIVERSITY.COM



**FRONT RANGE CENTER FOR SPINE
AND SPORTS MEDICINE**

SPECIALIZING IN:

EMG/NCS (Electromyography)

NON-Surgical Spine and Orthopedic
Medicine

Physical Medicine and Rehabilitation

Sports Medicine

Medical Acupuncture

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